Student forum provides opportunity for communication

By SARAH SMITH
Herald Staff Writer

Three to four dozen students attended the recent student discussion forum "RWU in the Next Five Years" to voice their concerns and questions about the University with administrative officials.

On Nov. 12, Roger Williams University President Roy Nirschel, Vice President of Student Affairs John King, Provost and Vice President Laura DeAbruna, Vice President for Enrollment Management Lynn Pawthrop and Vice President for Administration and Finance Jerry Williams gathered in CAS 157 to field student questions. The five officials were joined by members of the RWU Student Senate including Senate President Brendan Boyle and Vice President Ashley Sturman, as well as Senate Student Affairs Chair Brian McGrath as the student and administration officials worked together to address and answer the students' questions and concerns.

After a Powerpoint presentation in which Nirschel discussed the administration,"We [the administration] have provided the Senate with some feedback and potential concerns we may have, and are waiting now for Senate to package a full proposal," King said.

Among these concerns, according to King, are staffing: who will take responsibility to administrate this, cost and funding, insurance, hours of operation, areas of coverage, the vans that will be used, and rules for using the service.

"I would say one of our biggest hurdles right now is getting every-
Mock trial improves, wins at Tufts Tournament

By KAITLYN PROCTOR
Herald Staff Writer

Roger Williams University's Mock Trial Club is on the rise competitively and is looking for another win after seizing first place at a tournament held at Tufts University last weekend. Currently, the Mock Trial Club is undefeated with a record of 18-3-2.

"We are young but we really started this year off hardcore," said Vice President Nick Tsimortos.

Along with a polished trophy to add to the collection, two members of the club, Tsimortos and Lauren Carlotta, received individual honors for their success at the Tufts tournament.

The Mock Trial Club, coached by the head of the Justice Studies Department, Laura Newcity, also took first place at a tournament at the Coast Guard Academy back in October. A new case is presented to the club and it is practiced over and over until it is nearly perfected.

"Everything's been memorized. We haven't used any notes, and we do note plan too," said Tsimortos.

This year's case is a murder trial involving members of a fictional movie production company. Throughout the year updates are added to the case, such as new witnesses or new pieces of evidence.

The team, consisting of eight members who rehearse both aspects of the trial, the prosecution and the defense. They even dress as characters, wearing costumes to fit the part.

The Mock Trial club's next tournament is being held at Vanderbilt University in Tennessee next semester.

"We are beating 90 percent of the teams we're going to play at regionals," Tsimortos said.

With the regions tournament coming up Jan. 30, the team is focusing their economy around the Cedar Hall dorm back in October.

"Last year we watched all the trophies get handed out. That's a hard thing to see the part," Tsimortos said.

Colleges around the regionals," Tsimortos said.

"Before I left my room, I cracked one of the windows to let air in and pulled the blinds down over them," Faro said. "When I walked back into the room, I saw that the blinds were pulled up all the way and broken on the right-hand side, that both [right and left] windows had been opened as far as they could be and that the screens had been ripped out.

"That's when I noticed my laptop was missing," she said. Shortly after, Faro noticed that her iPod was gone as well.

Faro says it is not scary to her, but she feels violated. "I have no idea what I could have done to make my room more secure," she said. "Maybe if I had been more mindful and you'll feel the safety that we take seriously." From 2005 to 2008, RWU reported zero cases of robbery on campus dormitories, according to the Clery Crime Report. However, the university had an average of 10.75 reported burglaries per year in that same four-year period.

Faro says it is not so much that she feels unsafe as it is that she feels violated. "I personally think that the security in Cedar is higher than that of other buildings, with the bag check," Faro said. "This isn't a matter of security, though. It's weird to think of someone else as being in your room, having access to all your things. When you rob someone, it's not just about taking their stuff," Faro said. "It's a personal invasion as well."

Faro says that she hopes people can learn from her ordeal. "People don't take robbery seriously," she said. "I didn't either. No one ever thinks it'll happen to them, but it does happen. Be cautious, even if you know all the people on your floor and think you can trust them. You don't know who's walking through the building or whose friends are in the halls. I realize now that I could have been safer. No one thinking leaving a window cracked could lead to a break-in, but I proof it can," Faro said.

"As always, we urge all residents to be aware of the security of their personal belongings and rooms. Lock your doors at all times, especially when leaving the room, and lock your windows as well," Blessing said. "Most things are taken through moments of opportunity," Blessing said. "Be security mindful and you'll never give anyone that opportunity."

**Police investigate alleged larceny**

By AMANDA NEWMAN
Herald Staff Writer

The Bristol Police Department and campus Public Safety are investigating what police call a break-in and larceny that took place in a Cedar Hall dorm room.

"It was awful," said freshman Cassie Faro, the victim of the alleged Nov. 8 robbery. "At first I didn't notice anything was gone. But when the realization set in, it was a terrible feeling."

Faro says she re-arranged her room and the trophy is the only motivation.

"Last year we watched all the trophies get handed out to everyone but us. That's a hard thing to watch," Tsimortos said.

Faro says she immediately called her Resident Advisor (RA), who notified Public Safety. Upon Public Safety's arrival on scene, they called the Bristol Police Department.

"Larceny is a felony charge," said John Blessing, Director of Public Safety. "If someone is found responsible for this break-in, then they will face criminal charges as well as discipline and sanctions from the University."

Faro is concerned because people will think you can break into a dorm room. "But when the realization set in, it was a terrible feeling."

Cassie Faro

Faro says that she has increased the RAs privileges around the perimeter as well as in the residence hall dorm scene, they called the Bristol Police Department.

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TRIAL: URI students question legality of Narragansett town ordinance

Amanda Newman

RETENTION: Administration cites economic as main reason for students withdrawing from university

cost/f from page 1

Many URI students rent houses and live off campus. For many of them, they believe that the stickers have led to evictions and discipline from the school. In 1997, there was a highly publicized case in which two URI students’ residences were branded as a public nuisance, which the students said led to their eviction. During the student’s suspension from two URI hockey games.

Does the government have the right to essentially brand their “public nuisance”?

-- H. Jefferson Melish

The primary reason is definitively economic; if it wasn’t for that, I probably would have stayed.”

-- Matt Clark

said Nikki Irians, a freshman last year. “I was out there, and I was happy there. It would have been worth every penny, but it did not make sense to stay.”

But some students commented on reasons for leaving had to do with their dissatisfaction with the university. “We don’t have enough stuff to do,” said Matt Williams, a sophomore last year. “I liked Roger Williams, but I would have had to have made some sacrifices and taken out a lot of student loans, and I felt that it wasn’t worth it to make those sacrifices to stay, so I applied to other options.”

The school is ridiculous in its logistics and its structure, and although I loved the university, I did not find it worth it.”

Another student found a different problem with the academics. “I did not find that what I wanted was offered at RWU, and I found the school to be too structured, especially with all the CORE requirements,” said Martin Covello, a former freshman.

However, according to some students, the Student Advocacy Office is a big piece of how they can come to the office for any reason, but especially so in the case of some of the students who were said to be motivates. “I was also very glad.”

\[“And being a person who identifies with the LGBTQ community, I did not find much support or tolerance for queerness, even though S.A.P.F. did what they could,“ said O’Brien.

Smith, along with many URI law students and professors, listens to the attorneys for the school and their arguments. “They say they have no legal basis for the stickers,” Smith said. “But that’s not true.”

The return of these stickers, says Smith, may not be a huge issue, but it’s one that the students feel is important. “The stickers are a symbol of the administration’s stance on queer students,” Smith said. “We are doing our best to make sure they don’t return.”
Poetry slam article fails to give credit to some organizers

Dear Hawk's Herald,

I'd like to thank the Hawks Herald for the two-page article in the November 13th issue that covers the Poetry Slam that was held on November 4th. As one of the five "cohosts" of the event, I was deeply moved by the students' words and performances. It was not only out of fun, but was also an honor to participate in this spectacular event. I look forward to future slams and may even consider slaming a bit myself!

I would, however, like to acknowledge the critical role Karen Bilotti played in the inception, planning, and delivery of this event.

-- Laura Choiniere

Center for Academic Development's planning efforts went unreported

Dear Hawk's Herald,

I am writing in response to your article published on November 13, 2009 entitled "Student poetry slam hits the spot." As the staff organizer of the poetry slam, I appreciate the excellent coverage the Hawk's Herald provided—two pages with colorful photographs is a wonderful testament to the participants' true in-spiring talents! I am thrilled to see that you acknowledged the incredible job that everyone did throughout the event. Omar Reyes. Omar worked hard to make the poetry slam a success, particularly through his promotional efforts, his energy and knowledge about poetry slams made organizing the event so much easier.

However, I must take exception to the article. The writer Nick Westbrook's lack of in-depth coverage of this event. Clearly, such an event demands a huge effort on the part of many people—this event was no exception. So many staff and faculty on campus contributed: Laura Choiniere, Director of the Center for Academic Development, and Gary Shore, Associate Professor of Dance and Performance, donated their time and energy to serve as "celebrity judges" along with writing tutor Katie Cole.

As a reminder, the poem "B" was written in the writing center.

-Karen Bilotti

To book a workshop, please contact: Amando Marsili Coordinator of Outreach Programs Office of Admissions 401.254.3774 amarsili@rwu.edu
Oh No: 'Voice of Kool-aid man' disappoints

by KELLEIGH WELCH

Editor

He presses play on the iTunes MP3. A series of sound clips from commercials and pop songs play as a man in his 60s stands in the Global Heritage Hall's multi-media room and sings along with the song.

Last Friday, singer and voiceover artist Frank Simms, most famous for his portrayal of the Kool-Aid Man in commercials, came to speak to RWU students about his career path, and provided students with helpful tips on how to get into a voice recording business. His main point: move to New York and stay there. The key to success in a voice-over career is availability.

Despite the fact that squeals of joy and excitement came from the theater students upon discovering that Simms was the singer of the dark character Raspoutine's solo track in the 1997 animated film, Anastasia, the talk was a vocal repetition of Simms' online biography.

Unless your goal career is become a voice-over artist, known only for the array of characters you portray on television, or as a back-up singer to someone more famous than you, the presentation was useless.

Simms spoke on his career, how he made his break, and how he has kept options coming. "I do this not just because of money but because it's fun. I'm just crazy about this job," Simms said.

However, Simms also stressed that in order to keep jobs coming, you need to make yourself available at all times, turning down a job that could take you around the world, as it would deteriorate your list of contacts in the future.

"People in the commercial business want it now," Simms said. "You have to be available." Simms family had a history of announcing and voice-overs, which contributed to his career.

He attended college as an English major, but went back into music following graduation, where eventually he got his break through a keyboard artist when he became a back-up singer for David Bowie. "You need to make that break happen for you and go from there," Simms said.

However, Simms did share a few entertaining stories about his career, and had some interesting video clips from his most recent job as a singer for Saturday Night Live's "Swine Fever" parody commercial.

For a Friday afternoon, Simms was able to provide an entertaining alternative to the typical class lecture. However, it may have been more relevant if he provided information beyond himself and his personal experiences in the business.

somebodystolemytwinkie.files.worpress.com

Career Center brings students to career fairs

by ERICA SEYMOUR

Career Center Intern

The Career Center has sponsored several bus trips throughout the semester to career fairs at colleges and universities within the Rhode Island and Massachusetts area.

The first bus trip sponsored by the Career Center was to the University of Rhode Island's Engineering and Technology Job Fair on Wednesday, Oct. 9. Thirty students attended to learn more about the engineering, construction management, CIB, and biotech fields. Students found out about possible jobs and internship opportunities within their majors and got a chance to learn more about relevant companies.

On Wednesday, Oct. 14, at least 15 RWU students attended the Criminal Justice/Non-Profit career fair at Westfield State College in Westfield, Massachusetts. Students spent their afternoon networking through the 75 participating employers.

Senior Colby Roy said, "the career fair was overwhelming at first with all the agencies there, but became easier after the initial shock."

The fair provided opportunities for all students in all majors, ranging from toxicology to foreign language to psychology and criminal justice. Among the agencies present were State and Town Police Departments from Connecticut, Maine, and other Northeastern States, South Bay Mental Health Center and the United States Army.

The most recent Career Center bus trip brought students to the Government and Boston Museum Career Day at Bryant University on Thursday, Nov. 5.

Students were given the opportunity to find out about jobs and internships within the government and Boston area museums. Other employers offered jobs in education, development, conservation, cultural, community outreach, veterinary medicine, information services, technology, event planning, human resources, engineering and public relations. All companies were hiring for a variety of positions.

There are several benefits to attending career fairs and students took the opportunity to meet with recruiters and employers. Roy explained, "I prepared for the fair by making sure that my resume was up-to-date and professional." Roy explained, "I got my game face on."

Attending career fairs helps students gauge what employers and recruiters are looking for in job or internship candidates. Familiarizing oneself with the professional atmosphere can dramatically increase students' chances of being a successful candidate. Employers and recruiters attending a career fair are looking to fill vacancies within their companies, therefore, searching for a job or internship opportunities is a successful way to build oneself up and get into the game selling one's professional abilities.

The 14th Annual Career, Graduate School, Internship, and Part-time Job Fair at Roger Williams University will take place on Wednesday, March 31, 2010 from 10:00 p.m. – 4:00 p.m. in the field house. Last year over 500 students and alumni attended from Roger Williams and the surrounding area. Students are encouraged to take advantage of the career services offered by the Career Center, including resume and cover letter walk-in hours on Tuesday and Wednesday from 1:00 p.m. – 4:00 p.m. to prepare for the upcoming on-campus career fair. Be on the lookout next semester for resume workshops too!
Hawk's Herald Seeks Editors for Spring 2010

For the Spring 2010 semester, The Hawk's Herald is looking for ambitious, dedicated and intelligent editors to fill the open positions on the Editorial Board. This is a great opportunity for all students looking to get more involved in the world of college journalism. If you are interested in applying for any of the following positions, or have questions about the positions, please e-mail us at hawkherald@gmail.com, or stop by The Hawk's Herald's office to pick up an application.

Open positions:
- Business Manager
- Features Editor
- Web Manager
- Assistant Features Editor
- Assistant Sports Editor

The Hawk’s Herald Nov. 20, 2009
STAND freezes to raise awareness about The Congo

By JULIA WEISS
Herald Staff Writer

On Nov. 17, 18 and 19, Roger Williams University's chapter of STAND, a student anti-genocide coalition that has more than 850 chapters worldwide in more than 25 countries, hosted an event called "FREEZE TAG" in which participants "froze"—stood still—from 12:30 p.m. to 12:35 p.m., holding signs containing facts about the devastating humanitarian situation in the Democratic Republic of Congo. "I believe this event was important to the campus community," said STAND's President Liz Lessig. "It helps foster not only discussion about issues between students around campus, but it also filters into larger discussion in the classroom."

According to STAND's website, standnow.org, "since late August 2007, civilians have been targeted by widespread mass atrocities by a number of groups who have triggered a resurgence of violence in the North Kivu region of the Democratic Republic of Congo. More than 800,000 people have been newly displaced since 2007, bringing IDP totals to at least 900,000 people. A recent report by the International Rescue Committee states that war, disease and malnutrition are killing nearly 45,000 Congolese people monthly. A ceasefire between the Congolese government and rebel groups that was signed on Jan. 22 was quickly broken less than a week later on Jan. 28. Continued eruptions of violence have caused aid agencies such as UNHCR to sporadically suspend deliveries."

STAND meets every Thursday at 6:30 p.m. in the International Center (located at the end of Maple, next to the Global Heritage Hall). You can contact Lessig by e-mailing her at elessig233@g.rwu.edu.

Kelleigh Welch
World Watch

Belgium Prime Minister becomes first European President

Brussels: During a meeting with the 27 leaders of the European Union, Thursday, Belgium Prime Minister Herman van Rompuy was unanimously elected the first President of the EU, with the EU's trade commissioner Catherine Ashton as the high representative for foreign policy. These positions were created after an eight-year writing and revision of the Lisbon Treaty.

As reported by CNN.com, U.S. Secretary of State Hillary Clinton said she is pleased with Afghanistan's President Hamid Karzai's promise to have the country's security forces take lead. Clinton said to military forces in the United States and allied nations that they must do "everything we can to create the capacity of the Afghan government and the Afghan people to protect themselves." Karzai was inaugurated earlier Thursday to a second term as President. "I was very pleased to hear today that President Karzai said that he hopes that within three years, the Afghan security forces will have the lead in important areas and within five years—which is an ambitious goal, but he stated it—the Afghan security forces would have the lead throughout the country," Clinton said during a press conference Thursday.

It's the point of an automatic flush toilet?

By JULIA WEISS
Herald Staff Writer

I understand that as Americans we've grown up with a handle and</p>
Law student aids in end to R.I. indoor prostitution

By KATIE BOZEMAN Herald Staff Writer

It is not often that a student can say she helped change a law upon which improved a person's life. However, that is exactly what Kenton Shapiro can say just that.

Shapiro joined forces with a proactive and bill sponsor Joanne Giannini to pass the three-fold bill that has been in the works for four years. The three sections of the bill deal with prostitution, trafficking, and minors working in the adult entertainment industry.

The bill put an end to indoor prostitution, which had been a loophole in the previous law and something Shapiro had been trying to change for several years. For the past 20 years, this loophole allowed brothel owners in Rhode Island to multiply and thrive. After her research, Shapiro visited several brothels and saw firsthand the horrible conditions of the women and facilities.

Shapiro is a first year law student here at RWU School of Law who received her undergraduate degree from the University of Rhode Island in women's studies. During this time she co-founded Citizens Against Trafficking (CAT), with Dr. Joanne Giannini last April. According to its website, CAT is "a broad based coalition formed to combat all forms of human trafficking in the United States."

"One woman I met, it was her first day there, and she asked me what city she was in. She didn't know where she was or what she was supposed to be doing," said Shapiro.

"One woman I met, it was her first day there, and she asked me what city she was in. She didn't know where she was or what she was supposed to be doing," said Shapiro.

Though the women she saw were often malnourished or disoriented, the previous laws kept police from stepping in and removing these women to see if they were victims. Other aspects of the bill will be largely helpful to those in the trafficking industry that are not in support of this law. Shapiro has received many calls and messages from people opposed to the bill. Shapiro quoted one of her law school lecture that she "will work to remove theulpt in the people of this bill."

The bill also states that landlords can go to jail if they knowingly permit prostitution on their premises. They could face up to five years in prison, a punishment that will hopefully help in reducing the number of brothels throughout the state.

Shapiro helped circulate information about the bill and the issues it faced through CAT, she said of the reports. She posts on Facebook and in the trafficking. The bill has been fighting this concept of "honor killings" since 1994. Shapiro defines "honor killings" so that she is able to circulate and witness at brothels, and these spas will still operate until they get caught.

Some of the research Shapiro does consist of continuous researching brothels, sending out information to law enforcement, and reading up on "John's" web sites ("John" is a name used for clients of prostitutes). These websites are where the men who use the prostitutes' services write about their experiences. Shapiro said, "It is really difficult to read all the degrading things the johns put on these sites," said Shapiro.

Despite the clear evidence of mistreatment that Shapiro found on such sites, and the reality that there are still women in this industry that are not in support of the new bill, Shapiro, along with other Rhode Island escort posted on twitter.com that "they closed the prostitution loophole. But nothing is going 2 really change," while another added that "people will do it anyway."

Award-winning journalist discusses research and activism

By SARAH SMITH Herald Staff Writer

To students at Roger Williams University, honor may be what a student or whoever he or she has graduated near the top of his or her class and has a job lined up after graduation. Elsewhere in the world, being considered acceptable for family members to be killed is a concept called "honor killings." Shapiro said that although her undergraduate degree was "a broad based coalition formed to combat all forms of human trafficking in the United States," she was or what she saw were not acceptable to her law school lecture that she "will work to remove the bill in the people of this bill."

Shapiro called and asked about this information, one woman said "I handle my own clients independently. I was never personally in the spa. But was I initially happy about this bill? No, because it indirectly affects me. I think the spas will still operate until they get caught."

"I'm just really happy that these bills went through, and seeing [Giannini] speak at the signing was incredible." Shapiro who was invited by the governor to the signing, said Shapiro, who was a student at the University of Rhode Island and was one of the law school students who helped circulate and witness at brothels, and these spas will still operate until they get caught.

"I would expose each and every murder if I heard about it," Shapiro said. Shapiro published her story on Kifaya in the New York Times and told her editor, "I wanted to become the voice of those women whose lives have been wiped out...I would expose each and every murder I heard about." Shapiro called and asked about this information, one woman said "I handle my own clients independently. I was never personally in the spa. But was I initially happy about this bill? No, because it indirectly affects me. I think the spas will still operate until they get caught."

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Student leader works on performance career

By SARAH GRILL
Herald Staff Writer

Not even cerebral palsy, scoliosis and lordosis can slow Carly Mazaika down. She is a woman on a mission to better her disorder and stricken life as well as the lives of the people around her. This 19 year old from Hopkinton, Massachusetts may walk differently than the majority of students at Roger Williams University, but she has certainly become a transcendent leader on her campus.

“You can’t hide something like it. It’s pretty obvious I think, so if people ask me about it, I’ll answer,” says Mazaika who was born with mild cerebral palsy, scoliosis and lordosis. Cerebral palsy is a group of disorders caused by dysfunction in brain development that negatively affects movement, learning, hearing, seeing and thinking. In Mazaika’s case, she was born with a mild form which has primarily caused pain in her muscles, a limited range of motion as well as spastic diplegia. The spastic diplegia is the most obvious part of her disorder as it forces Mazaika to walk with an evident limp. Scoliosis and lordosis, which both create a curvature of the spine as well as pain, add to Mazaika’s disorder.

Mazaika spent the majority of her childhood in the hospital, starting at age five. She began this journey with an initial surgery that bound Mazaika to a wheelchair and thigh length casts for five weeks while in kindergarten. She then moved on to knee length casts and a walker. Ultimately, her surgery limited her visits to the Newton Wellesley and Boston Children’s hospital to six month check-ups for ten years.

“Yeah, there’s part of me that hates it, but if you’re so focused on something you hate about yourself you’re never going to learn to grow from it or learn how to challenge yourself,” says Mazaika. “I can’t constantly think about the bad things you have to look to what’s good, and find a way to help yourself if you’re not happy with the way you are. I think that’s the most important thing. It’s that putting yourself out there because you’re completely vulnerable at some point in your life. As long as I’m feeling down or thinking about the life you don’t have, I’m feeling sorry for myself when I’m feeling down or thinking about the life you don’t have. That was when I switched over to doing the vocal stuff.”

When she is not practicing on stage, Mazaika studies elementary education as her major. When she graduates from college, Carly hopes to become an elementary school teacher to continue her passion for helping children in need.

Mazaika is a woman of change who is always looking for the next person she can help. Instead of allowing her visible disability to limit her from doing what she loves, Mazaika continues to push on to not only better her own life, but also the lives around her. She will never allow cerebral palsy, lordosis, or scoliosis to slow her down, and she says she will always be thankful for the life she has.

“I’m thankful that I don’t have such a severe bound, or even paralyzed. So when I’m feeling down or feeling sorry for myself, I think to myself that I’m so much better off than people who have such worse cases. I’m lucky for the life I have, because I can’t wish for something I don’t have. There is no good in always dreaming about the life you don’t have when you can’t change the life you do have.”

She continues working to help others, she has certainly become a transcendent leader on her campus. When not practising on stage, Mazaika contributes her time and talent in the performing arts life, but also the lives of the people around her. She will never allow cerebral palsy, lordosis or scoliosis to slow her down, and she says she will always be thankful for the life she has.

The Hawes want to say: Stay SAFE during the Holiday Season

Choose a designated driver EVERYTIME
Choose Not to Drink and Drive

Auction helps Haitian children

By ABBY SPRAGUE
Herald Staff Writer

On Nov. 12, Roger Williams University’s Student Athlete Advisory Committee held its annual Date Auction to raise money for Camp Hope, a charity which raises funds for the poverty-stricken children of Haiti. This tradition was started by Leash Beidz, a Roger Williams alum who places the tradition in the hands of the soccer women. This year, Amanda DaCuhna and Corey Baldwin took the reins and made this auction another success.

The event involved seventeen groups of athlete contestants, the majority of them consisting of five people. Each athlete was presented to the audience in terms of their placement in RWU athletics, as well as a brief description of what their date would consist of. They then auctioned off to the audience, who held up numbers and yelled out their asking prices. While most audience members bid between $10 and $30, others took it to the next level with bids between $60 and $70. Bridget Houlihan was auctioned off for the highest bid: $21.

Though the event did not reach its goal of raising $2,000, the auction was a huge success. Falling just under their goal with $1,700, the date auction’s outcome is a definite sign that this campus cares about “bridging the world” and helping other communities who are in need.
Features

Teams place 1st and 3rd in Associate Schools of Construction Competition

By JULIA WEISS
Herald Staff Writer

It’s 6:30 p.m., with 30 seconds till 11 p.m. Six men are running down the hallway of the Crown Plaza hotel in Khakis, button-down shirts and dress shoes. They are drenched in sweat, each shoving papers into a binder during their sprint, running as fast as they can to make their 11:00 p.m. deadline. They were 156 points to earn, and if they are one second late, they lose 10 points. If they’re five or more minutes late, they lose 25 points.

These men are not unprepared, nor did they accidentally wake up too late. Quite the contrary—they have been preparing for this day since September. They all drove five hours on Thursday night from Roger Williams University to Fairfield, CT and woke up on Friday morning at 7 a.m. to eat breakfast. At 7:45 a.m., they were all in a hotel room with no internet, no cell phones and no connection to the outside world; just eight computers, four printers, six mentors and enough food and drinks to get them through the next 15 hours and 15 minutes. As they finally reach their destination at exactly 11:00 a.m. to hand in their binders (containing all the estimates, plans and bonding issues that they have worked on for the past 15 hours) which count for 60% of their points, they still have to wake up at 6 a.m. the next morning to determine the other 40% of their points by presenting a 30 to 45 minute PowerPoint to the judges, who are from prestigious companies such as KBE Building Corporation and Weeks Marine.

This is the reality of the Region I Associated Schools of Construction competition, a construction management competition that consists of three different six-person teams in the categories of design building, commercial building and heavy highway. There are 14 other schools that compete in Region I, which consists of construction schools from the state of Virginia all the way up to Maine. Each team is handed a “request for proposal” packet containing 4 to 5 pages of what they are required to build. For example, the design build team received the Southern Maine Community College dorms, and had to build the interior and exterior of the building with a minimum of 300 beds inside an energy-efficient building with a price limit.

Ryan Hirce, an RWU senior and captain of the heavy highway team, was on the team with 30 seconds to go before the deadline. The other teams only had three or four minutes to spare before the deadline. “What it takes teams of professionals weeks to do we have from seven in the morning to 11 at night to accomplish,” said Hirce.

The captain of the design build team, Kevin Simiscalchi, agrees that timing is everything. “If your watch is 30 seconds off from their watch, you’re done.”

Hirce’s team, along with the design build team, placed first, walking away with $5,000 to split between the six of them. The commercial building team placed third in the overall competition, walking away with a construction dictionary and crew of students who were cheering that Roger Williams didn’t once again sweep the competition by placing first in every category like they have in the past three years. The captains and the teams are selected by an application process, and prepare for the competition by meeting three nights a week for two to three hours from September until the day of the competition. The hard work pays off, though, since even the competitors who place last are often offered jobs. “It’s a great learning experience for all the participants,” said John Posillico, the captain of the commercial build team.

The Hawk’s Herald
Recipe of the Week

Sun-Dried Tomato Bruschetta Paste

By KELLEIGH WELCH
Editor

During my travels to Florence, I picked up this quick recipe that has been a hit at every family function. My only suggestion is if you want to enjoy the full flavor of this Italian classic, buy all fresh ingredients. Believe me, it makes a difference.

Ingredients:
Sun-dried tomatoes
Fresh Pepperoncini (hot Italian peppers)
Olive oil
Garlic
Fresh Bread

Directions:
- Mince sun-dried tomatoes and pepperoncini and place in bowl
- Add olive oil and let soak for minimum 30 minutes
- Add capers and garlic and stir.
- Optional: If you have a food processor, mix the paste ingredients to a fine paste, then transfer to a container you want to serve it from.
- Toast bread in oven 5-10 minutes until crisp
- Serve paste on top of bread or in side bowl with spoon.

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WQRI
88.3 FM

WQRI’s DJ of the Week

DJ Name: Ben Whitmore
Show time: Monday nights from 8:00 p.m. to 16:00 p.m.
Show description: From Ray Charles to Radiohead, from The Beatles to Brad Paisley, from Lppe Fiasco to Led Zeppelin, I play it all. There’s also weekly segments about hot new blogs and what’s been making news on campus and around the country. Plus, my unscripted banter is not to be missed—never before has a WQRI DJ made poor impersonations of british rock stars and lame musical puns sound so good.

Top 5 favorite songs of the moment:
No One Does It by The Department of Eagles
Side With the Seeds by Wilco
In Exile by Thrice
Eleanor Rigby covered by Aretha Franklin
Blue Side of the Mountain by The Steel Drivers

Anything else: I love hearing from listeners. If you like what you hear on the show, call me and tell me. Song requests are more than welcome.

Allison Collins
MIND: MVP and CY Young award winners to be announced this week

cont'd from page 1

1. Albert Pujols
2. Prince Fielder
3. Hanley Ramirez

The man from the Midwest, Zack Greinke has been a force to reckon with all season long while pitching for the worst team in baseball. He had a 2.08 ERA, struck out 200-plus batters this season and has a dominating WHIP.

Unfortunately for Greinke, his overall record has suffered due to poor run support from the Kansas City Royals hitters. Even with the struggles of his club, it looks like Greinke will wrap up the Cy Young award and will cement himself as one of the best starting pitchers in all of baseball.

1. Zack Greinke
2. Felix Hernandez
3. CC Sabathia

The NL CY Young race is much more competitive than in the AL, where you have 3 legitimate candidates battling each other down the stretch.

Chris Carpenter has returned from numerous injuries and has been unbeatable for the Cardinals all season long. He has had great stuff on the mound all year long and his recovery from injury is an amazing story.

Tim Lincecum is by far the best overall pitcher in the majors. In only his third season in the big leagues, Lincecum has now struck out more than 200 batters in back-to-back seasons and is looking to win the award for the second straight year.

Adam Wainwright is another pitcher from the Cardinals who has had a remarkable season. The 6'7 former closer has transitioned nicely into a dominate starter and was able to put together a very nice season.

1. Chris Carpenter
2. Tim Lincecum
3. Adam Wainwright

Baseball Bits: Suggestions for Sox offseason by TUCKER SILVA

Herald Staff Reporter

Almost two months since the Boston Red Sox were eliminated from the playoffs, the team now enters a critical offseason in which they must make some crucial decisions regarding their future.

Today marks the first day in which every MLB team can sign available free agents. Like most off-seasons, Red Sox General Manager Theo Epstein is expected to use his imagination to alter his team that failed to reach the World Series for the second straight year. With an aging ballclub and a restless Red Sox nation, Epstein needs to stir up creativity. Here are some possibilities the club can pursue.

Who's in Left?

Jason Bay, 31, will test the free agent waters looking for a big payday. The left fielder reportedly rejected a 4-year $60 million offer from the Red Sox. However, the front office seems adamant on bringing the slugger back to the Red Sox.

"We'd love to have him back," said team President/CEO Larry Lucchino. "He's in many ways the personification of a player we want here."

If Bay chooses to sign elsewhere, another similar option is left-fielder Matt Holliday. After arriving in a trade from the Cardinals last year, Holliday has one year remaining on his contract valued at $12.5 million, making him more affordable.

The same questions can be raised about Mike Lowell. The 34-year-old third baseman struggled through constant hip problems during the season after his pri- sery. Will Lowell now be fully rehabilitated?

Add a Big Bat... Now.

One thing the Red Sox struggled with last year was clearly offense. Even though the team won 96 games during the 2009 season, the team was quite inconsistent at the plate. As much as we hate to say it, the offense has not recovered since Manny Ramirez's departure.

Due to the incumbent free agent mar- ket on impact bats, the Red Sox need to get creative. An intriguing option out of San Diego is first baseman Adrian Gonzalez. However, the 27-year-old may be too hard to pry from the Padres.

Given his affordable contract and his 40-plus home run power numbers, the Red Sox would need to give the Padres major league prospects. Most likely, the Sox would want to depart with pitcher Clay Buchholz and prospects such as first baseman Lars Anderson, out- fielder Josh Reddick, shortstop/pitcher Casey Kelly, and possibly more.

With the Padres hiring former Red Sox Assistant General Manager Jed Hoyer, the trade will be even harder to pull off. Hoyer knows exactly who the Red Sox covet and won't be fooled into taking a prospect the Sox don't truly value.

Florida Marlins shortstop and former Red Sox prospect Hanley Ramirez is also an intriguing name. Posting a line of .342, 24 HR, 106 RB, and 27 SB, the 25-year-old would fulfill the Sox gap at shortstop and a need for an impact bat.

However, with the Marlins soon opening their new stadium, it is highly unlikely the team would trade their franchise player. Trading a fan favorite like Ramirez would not seem logical to develop bet- ter attendance rates in the new sta- dium.

Pitching Wins Championships

During the first half of the 2009 season, the Red Sox had one of the deepest pitching rotations in base- ball. Towards the end of the season, that one of the weakest.

An immediate target could be free-agent ace John Lackey. The 31- year-old pitcher posted an 11-8 record with a 3.83 ERA and 139 SO and was simply stellar in the post- season.

Lackey is expected to re- in four-year contract worth upwards around $90 million dollars. The Sox would need to cough up that dough with their $122 million payroll. However, they should always question the amount of years they give to a pitcher en- joying his thirties.

Another option could be young ace Felix Hernandez of the Seattle Mariners. The 23- year-old would provide a huge impact to the current and fu- ture rotation of the Sox. How- ever, the Red Sox would have to get very creative, most likely getting a third team involved in the trade discussions.

Theo Epstein could also rekindle talks with the Toronto Blue Jays regarding one of the best pitchers in baseball, Roy Halladay. The 32-year-old would be extremely valuable, mostly in part because he can go deep into games, thus pre- serving the bullpen. Halladay's ERA over the past five years has been near untouchable, ar- ranging out at 2.97.

There are two approaches the Red Sox can take this off-season. One is to sign a top free agent and sacrifice minor league prospects in exchange for an instant impact player via trade.

The other option is to enter the 2010 season with the team as is and wait until the contracts of Ortiz, Lowell, Josh Beckett, and possibly JD Drew expire. From there, they can gain draft picks when the re- spective players sign with other teams.

In summary, the goal is to build the minor league system. However, Red Sox na- tion may not be patient enough to endure this stretch.

The Boston Red Sox must shake up this team. There hasn't been one off-season in which Theo Epstein wasn't involved in talks with a "big name" during his tenure as the Red Sox GM. The Red Sox may be enter- ing a state of mediocrity. Since the New York Yankees are the best team in baseball, they must compete with them and up the ante.

Like sports?
Write for The Hawk's Herald's sports section!
For more information contact: dmalikin118@g.rwu.edu
Women's volleyball attends NCAA championships

by KELLEIGH WELCH
Editor

Last weekend, the women's volleyball team attended their first ever NCAA championship tournament in New York City.

Despite their loss in the first round, the Hawks ended their season on a high. "It was so exciting just to be able to make it to the NCAA my senior year," team member Kristina Dolan said. "I think the nerves got to us when we got there. It was so overwhelming."

The Hawks lost against SUNY New Paltz 3-0 Thursday afternoon, fighting against a strong defense on the opposite front.

The Hawks did score some highlights, as Bekkah Dun scored 10 kills, while Emily Lebowitz achieved 19 assists and Jill Hurd had 22 digs.

Overall, the Hawks ended with a record of 22-11. "Everyone did extremely well and we grew a lot," Dolan said. "I was just so happy and I look forward to seeing how well they'll do next year."

Dolan has been named one of the top 32 Division III senior volleyball players, and was invited to play in the 2009 NEWVA Senior Classic on Nov. 15 at UMass Boston.

"During the three years of my career we ended with a loss in the Endicott gym. This year we beat them there last year. I refused to lose there again for my senior year," Dolan said.

Malkin's Mind
The race for this year's Heisman Trophy continues to heat up

by DAN MALKIN
Sports Editor

There are only three weeks left in the regular season after Alabama's big win, running back Mark Ingram remains in the lead in the edition of Malkin's Heisman watch.

Ingram has gained past all other candidates in the last few weeks and clearly is in the lead after rushing for 149 yards and two touchdowns against Mississippi State.

Petruccelli's numbers have continued to amaze throughout the remainder of the regular season. CJ Spiller, the senior running back from Clemson doesn't have the outstanding numbers his competitors currently have but he could very well be the best player in all of college football.

Week in and week out Spiller helps his team win on all levels. During the Tigers last game he scored a career best 10 touchdowns, caught a touchdown pass and even tossed a touchdown of his own during his team's domination of North Carolina State.

All season long Tim Tebow has helped the Gators win by doing just enough to outscore his opponents. At this point in the season, Tebow does not have the stats to win the award. However, as long as the Gators remain in the national title hunt, Tebow will stay in the Heisman race.

In the end the Heisman winner will be decided on who plays better in the SEC championship game, Ingram or Tebow.

Texas gunslinger Colt McCoy has been consistent all year long while leading the Longhorns to a perfect record. Colt's numbers are not what they were last year, but in order for him to book a ticket to New York he will dominate his final few games and lead Texas to Pasadena for the National Championship. With that said he still remains one of the best passers and will continue to affect the Heisman race.

The Heisman race will continue to unfold during the next couple of weeks and as usual the competition for the prestigious award should be an exciting and eventful one.

Heisman Candidates as of now:
1. Mark Ingram, 2. Toby Gerhart 3.
   Kerren Moore 4. CJ Spiller
   5. Tim Tebow 6. Colt McCoy

Heisman Candidates in the end:
1. Mark Ingram 2. Colt McCoy 3.
   Tim Tebow 4. Toby Gerhart
   5. Kerren Moore 6. CJ Spiller

The AL MVP award looks to be the most difficult to predict. In my opinion, the best player on a winning team.

This year is extremely difficult to judge because the most complete player at this point in time, comes from a team whose club is battling for a playoff berth. The Minnesota Twins were able to make the playoffs and will be sent home to the land of 10,000 lakes.

Joe Mauer is the best player in the AL this year and even if the Twins don't move on to the play-offs, he deserves to be named this year's MVP.

He is hit for an average of above .300 and has more than 25 home runs and is close to driving in 100 runs. He also is a catcher, further adding to why he deserves the award.

1. Joe Mauer
   2. Derek Jeter
   3. Michael Cabrera

Nobody in all of baseball has had a more productive and dominant season than Albert Pujols. He has had an average above .320 and has also been able to hit 47 home runs while leading the league in RBIs.

Pujols is the best player in all of baseball and his team will be moving on to the playoffs. It is pretty much a given this year for the NL MVP where Albert Pujols will walk away with yet another award.

Men's Basketball prepares for a successful season

by ARBY CUNNINGHAM
Staff Writer

As preseason wrapped up and the Hawks got one win under their belts against Johnson and Wales on the Nov. 19, the Sugar Williams Men's Basketball team has been working hard to get a successful start to their season.

Although the team is ranked 5th among the 14 teams in the TCCC, the Hawks are confident they will move up as they begin their regular season.

The Hawk's graduated four players last year, but the talented group of players that are back for the 2009-2010 season will jump up their game to make this season one to remember.

Corey Fava leads the junior class, averaging 20 minutes per game in the last two seasons and starting 25 out of the 26 games last season. Fava and his fellow classmates plan to work together for a successful season.

Classmates Travis O'Dell, Taylors

See MIND p. 11

Courtesy of RWU Athletics

Above: The RWU women's volleyball team play in the NCAA Championships in New York City on Nov. 12.

Right: Senior Kristina Dolan makes a block during the game. Dolan later played in the NEWVA Senior Classic at UMass Boston on Nov. 15.